

# Free Bike Ride

**Saturday 10th October 2010  
from 10.00 until 13.00.**

Meet at Marsden goods yard for:

- cycle games
- cycle training (level 1)
- bike maintenance tips

Then off for a short on-road cycle to Tunnel End, where you can stop for refreshments and a look around. Feel free to bring your own picnic.

If you don't have your own bike, please call and we can arrange for you to borrow one. Under 9's must be accompanied by an adult.

To book a place on this session contact Lisa at Renaissance.  
Tel 07976 944415 or email: [lisa@irbaby.com](mailto:lisa@irbaby.com).

***This event has been sponsored by the Jo Barnes Fund & Community Spirit***



*This is the fourth in a series of free family activities. Look out for posters advertising other activities in the near future.*